

# Video Visits

a picture is worth a thousand words

**The next time you schedule an appointment at Kaiser Permanente, you may be offered a video visit with your doctor.**

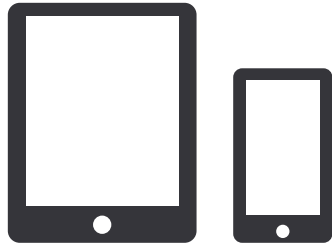
- Convenient access from your home or office
- Secure and easy way to visit your doctor
- Saves travel time and expense

All you need is a computer with a high-speed internet connection and a webcam or a smartphone mobile device ( iOS iPhone or iPad or Android mobile device) using the latest version of the KP Preventive Care App.

Visit [kp.org/mydoctor/videovisits](http://kp.org/mydoctor/videovisits) for more information.

# Join Your Video Visit

## Join on Mobile



Go to [kp.org/mydoctor/videovisits](http://kp.org/mydoctor/videovisits).



Choose "Get the App"  
to download KP  
Preventive Care App.

Open the app & log-in using your  
[kp.org](http://kp.org) username.

*If you do not have a [kp.org](http://kp.org) username, tap "Sign In  
Help" at the bottom and follow the prompts to sign  
in with your medical record number.*

Go to "Appointments".  
Tap "Join" to start your video visit.

## Join on Computer



Go to [kp.org/mydoctor/videovisits](http://kp.org/mydoctor/videovisits).

STEP  
**1**  
WWW.

STEP  
**2**



Click "Get Prepared" and follow the  
instructions for downloading and  
installing the Vidyo Web plug-in.

STEP  
**3**



Click "Join Your Video Visit" to start  
your visit.

Need Help? Go to [kp.org/mydoctor/videovisits](http://kp.org/mydoctor/videovisits) and click "Video Visit Support".